

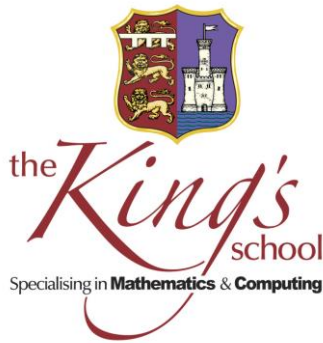
The King's School

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Dear Parent/Carer

Student Wellbeing

The King's School wishes to support and enhance your child's wellbeing as they grow and mature into young adults. The complexities of the modern world mean that young people need to be resilient and should be equipped with a range of tools that can carry them through difficult times.

Whether a difficulty be related to a bereavement, stress, peer issues etc., we aim to provide your child with a range of support to help them become more resilient and able to cope with strains on their emotional, physical and mental wellbeing. The wellbeing package at The King's School consists of support that can be accessed by all students and can be tailored to meet individual needs.

Pastoral Systems Include: Form Tutors, Year Achievement Leaders, Personal Development Curriculum, Curriculum delivery through the school day and Buddies. We also have trained Peer Mentors who will listen to worries and concerns of identified students and help build self-esteem and confidence in our younger students.

Additional Support Includes: Our nationally recognised Mentoring Intervention Programme, Subject Intervention, Welfare and Behaviour Management Officer, designated staff to offer support. There is also a new initiative, details from the Wakefield Clinical Commissioning Group are outlined below.

“Wakefield has accessed funding as part of a national programme to improve access to mental health services for children and young people. Wakefield is investing in early interventions in emotional wellbeing for our children and young people, and we have commissioned a number of services to work in partnership with schools and deliver interventions for our children and young people.”

Online Counselling

Young people aged 11 - 24 can directly access counselling support online.

The KOOOTH online counselling service has been operating for around 12 months and has had a positive impact on the young people who are accessing the service. We have over 950 young people who have signed up to the online counselling service.

Young people can log in to www.kooth.com without referral, and access a range of online support, including access to a counsellor for one-to-one chat, peer forums, and a range of information and articles to support emotional wellbeing in young people.

The service is available out-of-hours and evenings.

Central to the values of The King's School is a commitment to the safeguarding and protection of young people.



Face-to-face Counselling

Face to face counselling is also available for children and young people. There are three counsellors now taking referrals for children and young people, working on a locality basis across the district.

KOOTH alongside the online provision will start to deliver a number of hours of face to face counselling to those young people who need additional support.

Examples of reasons for referring to KOOTH face to face counselling are: Long standing /significant self-harm, emotional wellbeing difficulties having an impact on daily functioning, difficulties as a result of significant life events (some examples may include parental separation, bereavement, moving schools or geographical areas, parental mental health or substance abuse issues) or when one-to-one support is identified as a need via the online counsellor.

Mental Health Practitioner

A team of mental health Primary Practitioners have been recruited to work closely with schools. The Primary Practitioners will be based in schools and provide school staff with training and support, and will direct interventions with children and young people, working alongside teams in the schools.”

We are sure that, like us, you will want your child to be able to overcome the many challenges that they may face as they mature into adulthood and we hope that our developing wellbeing package will enable them to do so. The services we currently have will stay in place. If you do not wish your child to access any of the new listed services, please notify the school in writing.

Please sign your child's student planner to acknowledge receipt of this letter.

Should you require any further information, please refer to the school's website or contact school direct.

Yours faithfully



Tony Marks
Assistant Headteacher