

USEFUL WEBSITES

WEBSITES FOR FAMILIES

www.adfam.org.uk

This website has been created to provide families with information to help them deal with the problems they face on a daily basis. Includes publications and stories.

www.parentlineplus.org.uk/index.php?id=4

This website offers practical parenting tips and advice about parenting and talking to children and young people about a variety of issues

www.adfam.org.uk/index.php?cat=guides%20for%families%include=yes&context=shop2

Guides for setting up support groups, living with a partner who uses, a guide for parents of drug users

www.everychildmatters.gov.uk/information/websites

Information and advice for parents about the welfare of their child. Various websites listed

www.youngcarers.et/parents/106

This site offers parents help for their children who may be young carers

www.talkaboutalcohol.com

This section offers information and advice to help parents discuss the issues with their children, particularly 11-16s

www.raisingkids.co.uk

Support, information and friendship to everyone raising children. Provides advice and professional opinions and hosts online discussions

www.re-solv.org

Society for the Prevention of Solvent and Volatile Substance Abuse (VSA). A charity providing information for parents and young people

www.solveitonline.co.uk

SOLVE it provides a dedicated service to young people, parents, professionals and organizations promoting understanding, awareness and education of the consequences of VSA.

<http://www.familiesanonymous.org/>

Families Anonymous World Service Office official site includes information and provides on-line support group meeting directions

<http://www.famanon.org.uk>

Support for families and friends concerned about drug use or related behavioural issues

<http://talkingaboutcannabis.com>

Supporting people whose lives have been affected by cannabis

<http://pada.org.uk>

Parents Against Drug Abuse. Delivers support and services to the families of substance users across the country

<http://www.drugscope.org.uk>

Drugscope, a registered and independent charity in the UK. Aim to inform policy development and reduce drug-related harms to individuals, families and communities.

WEBSITES FOR CHILDREN/YOUNG PEOPLE

<http://parentsusingdrugs.org.uk/showPage.php?file=index.htm>

For children, young people and families affected by parental substance use

www.what-about-me.co.uk

Support for children and young people affected by somebody else's substance use

www.nacoa.org.uk

National Association for Children of Alcohol Dependent Parents. Offer a free confidential helpline to support children/young people affected by parental alcohol use

www.childline.org.uk

This website offers help and advice and has the following sections: Kid Zone, True Stories, Celebrity Zone, problem page, bullying, quiz corner etc

www.respectnotfear.co.uk

This website is about young people's relationships. It helps young people think about issues and gives information to help make decisions.

www.youngcarers.net/i_care_for_someone_who

A website for young carers – offers advice and information and signposts to other services.

www.talkaboutalcohol.com/athome/location-15.aspx

This website has been developed to give young people the facts about alcohol – what it is, what it does and what the laws are. There are also educational resources about alcohol for teachers of 11-16s

www.coap.co.uk

COAP was set up by Emma Spiegler who grew up with a mother dependent on alcohol. This site allows children and young people to talk about their experiences and fears.

www.talktofrank.com

This website is part of a government initiative. It gives information about drugs and details support available.

WEBSITES FOR GRANDPARENTS

www.grandparentsplus.org.uk/documents/forgottenfamilies_execsummary.pdf

The needs and experiences of grandparents who care for children whose parents misuse drugs and alcohol

www.adfam.org.uk/index.php?cat=Journeys&include=yes&content=shop2

This 18 page A4 full colour publication is for grandparents affected by the problematic drug use of their sons or daughters, especially those grandparents who look after their grandchildren.

www.famanon.org.uk

For relatives and friends concerned about the use of drugs or related behavioural problems.

WEBSITES FOR PROFESSIONALS

http://www.starsnationalinitiative.org.uk/showPage.php?file=group_3.htm

This website enables access to

- Government guidance
 - Examples of local practice guidance and protocols
 - A range of practice tools
 - Links to other relevant websites
 - Upcoming conferences and parental substance misuse in the media

www.nspcc.org.uk/.../SafeguardingChildrenLivingInFamilies_wdf51930.ppt

Key findings from a study of children in care

http://www.adfam.org.uk/publications/publications_for_professionals_and_practitioners

Resources and publications for professionals

<http://www.kfx.org.uk/>

Seeks to balance a large amount of common sense with up to date harm reduction and drug policy

<http://drugsand.me/>

Harm reduction guide to safer drug use

<https://ncpic.org.au>

National Cannabis Prevention and Information Centre. Australian site, but really useful, free evidenced based resources to use with cannabis users

www.mentor.org.uk

Charity set up to prevent misuse of alcohol and drugs based on evidenced based programmes. Developed ADEPIS (Alcohol and Drug Education and Prevention Information Service) to share programmes and resources with schools and practitioners.